

## INGREDIENT 1

# Passion and Compassion

*The Power of a Great Teacher*

### SAVORY MORSEL

*There are two ways of spreading light: to be the candle  
or the mirror that reflects it.*

—Edith Wharton

### REFLECTION MENU

What are your reasons for becoming a teacher (other than money and benefits)?

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How to your impressions about yourself (background, culture, religion, biases) influence your perceptions and treatment of students?

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Why is love an absolutely essential ingredient for your effectiveness in the classroom?

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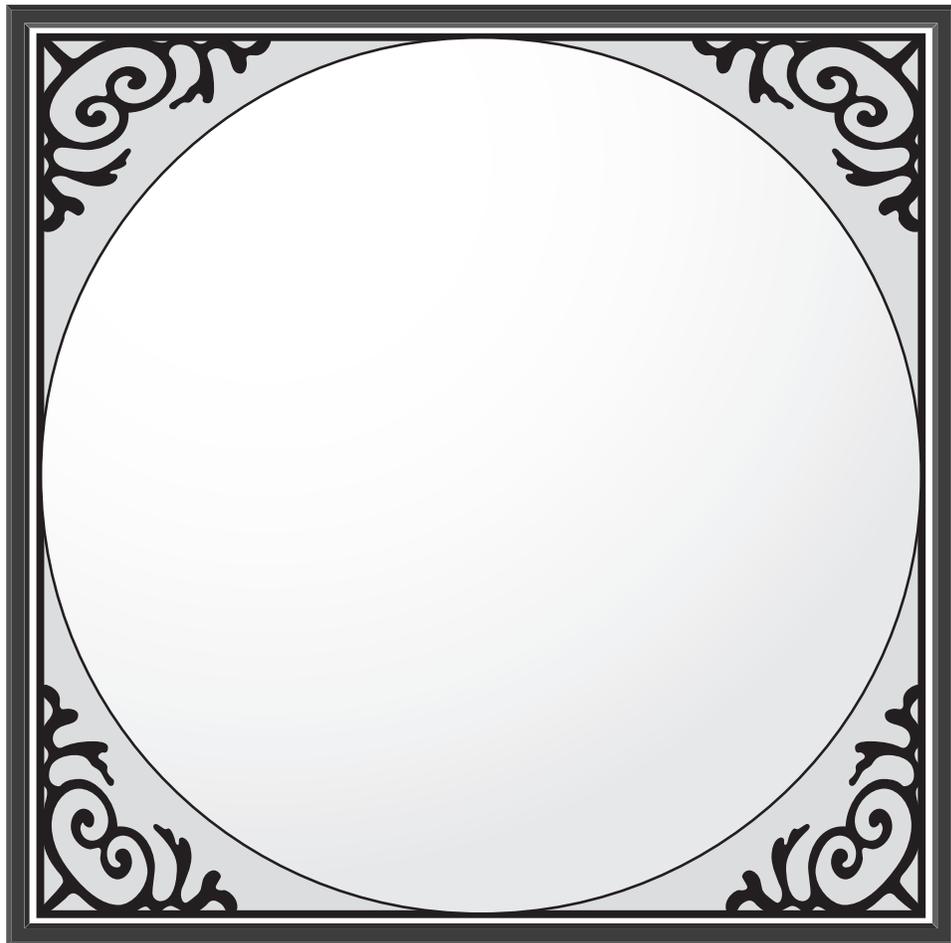
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### MIRROR, MIRROR ON THE WALL

#### Self-Reflection

**Directions:** List words or phrases that describe your strengths, abilities, or talents.



Make note of how these qualities or attributes can be maximized to promote your effectiveness in the classroom and encourage student achievement.

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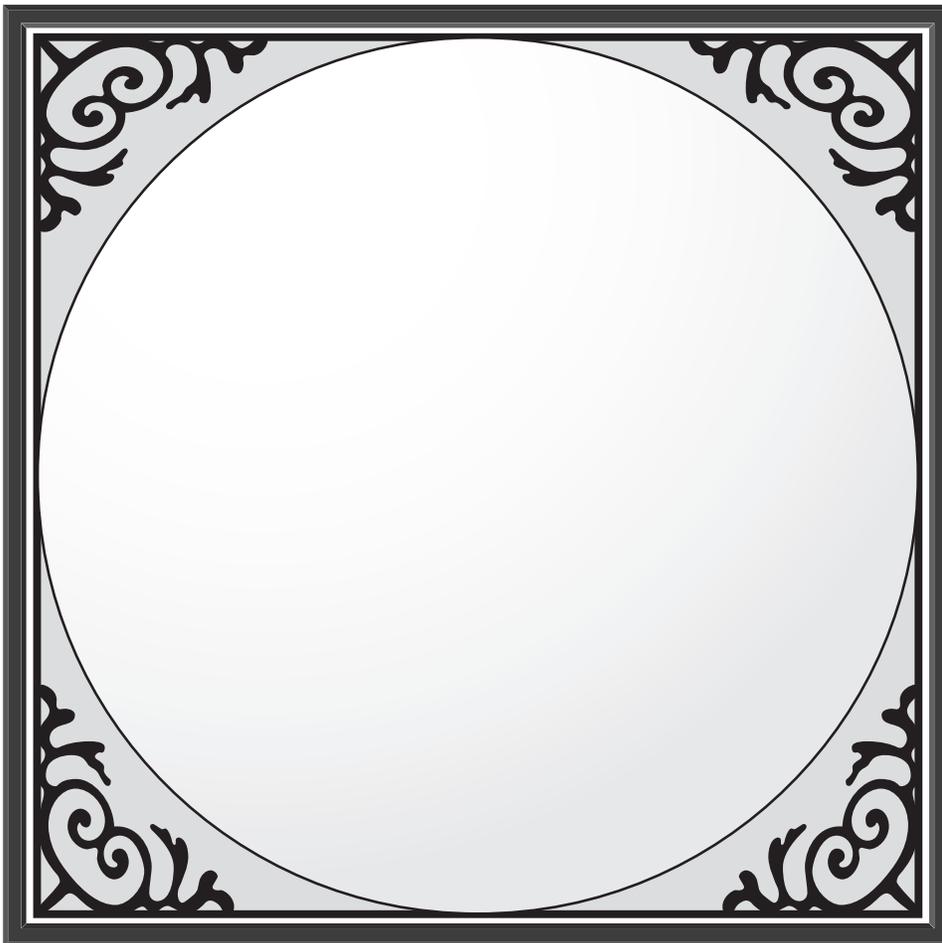
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**Self-Reflection**

**Directions:** List words or phrases that describe your challenges, weaknesses, or limitations.



Consider how these challenges can be mediated so that they do not hinder your effectiveness as a teacher.

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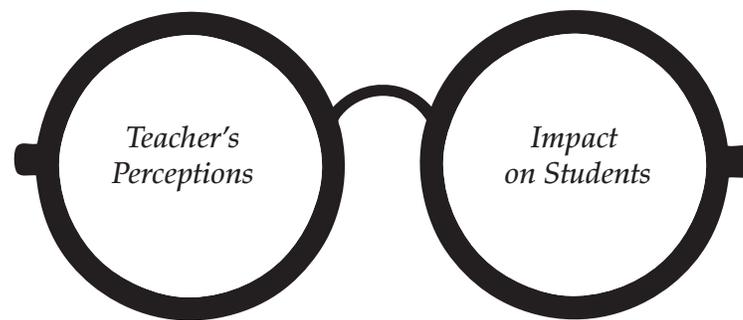


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## PERCEPTIONS



### A Defining Question

*How do you make sure all of your students learn when nearly 40% of U.S. citizens are racial or ethnic minorities who may see the world through a completely different cultural lens than you do?*

—Bonnie Davis, in *How to Teach Students Who Don't Look Like You*

**Directions:** Consider how your own perceptions of your students might influence or impact the following:

- Interactions
- Expectations
- Instructional Practices
- Assessments

## LOVE

*Love is intense affection and warm feelings for another.*

—American Heritage Dictionary

Others declare:

*My love is deep, the more I give thee; the more I have, for both are infinite.*

—Shakespeare

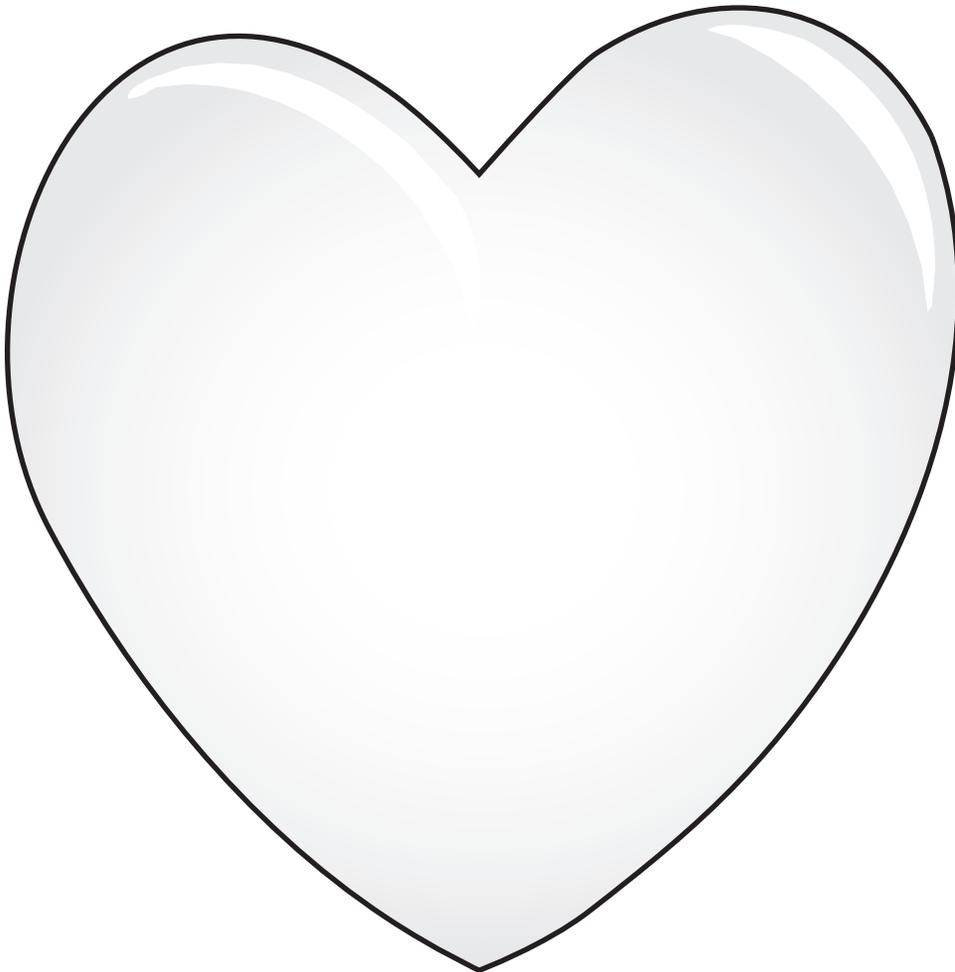
*Love is the most durable power in the world.*

—Martin Luther King, Jr.

*One word frees us of all the weight and pain of life.*

—Sophocles

**Directions:** Inside the heart, make a list that describes the things that you love in your personal life.



### Reflective Morsel

Make sure to always stay connected to the things that you love. In a profession that requires so much of yourself, you must find ways to rejuvenate, replenish, and renew.

Take time in your day, week, or month to enjoy the things you love. It will help to keep you grounded in a sometimes chaotic and challenging life as a classroom teacher. Grading papers, calling parents, planning lessons will monopolize most of your time—if you let it. Take that bubble bath, vacation, long walk, or afternoon nap. It will make all the difference!



Describe ways that you show love toward your students.

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Describe ways that you show a love for your profession.

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